

# Our philosophy

1. Recognising that we are different and diverse and that we have to work hard to truly listen and understand
2. Learning not to hide and pretend, but to become more open about our failings and our mistakes - so that we can genuinely learn and develop
3. Working together in partnership - embodying a model of authority that listens, challenges and empowers
4. Valuing the emotional, spiritual and somatic sides of ourselves as highly as the rational
5. Accepting that the heart of our work is the hurt in our hearts
6. Understanding that our practice is founded in subjective, intimate relationships and that, in turn, our training is necessarily founded in subjective, intimate relationships
7. Staying in genuine touch with, remaining genuinely caring of, and being genuinely committed to, the people that we are working with
8. Recognising and bearing the heavy responsibility of our work - because we value it so highly
9. Learning, in moments of difficulty and crisis, to reach out from the heart - offering and asking for help and support
10. Being ourselves, meaning what we say, saying what we mean, walking our talk



*Qualifications that change lives*